



An online Directory of Services for Children from Pre-birth to 6 Years and their Families*

Child and Family Support Services in County Louth

Child Abuse / Child Protection

**If you have concerns about the safety or wellbeing of any child
please call**

The Child and Family Agency (046) 9098560

Out-of-hours please contact your local Garda Station or call 112 or 999



***Many of the organisations/agencies detailed also provide services to children, adults and families outside the pre-birth to 6 years old age group
Disclaimer: Please note that whilst every effort is made to ensure that the information contained in this document is accurate
and up-to-date, The Genesis Programme, Louth Children's & Young People's Services Committee, any of their sub-groups or any of the
organisations/agencies/services listed cannot be held accountable for any errors or inaccurate information within.**



The Genesis Programme is a consortium of some fifty Partner Organisations that is delivering the Incredible Years suite of programmes and other evidence-informed interventions to children, families and communities in Dundalk and Drogheda as part of the Area Based Childhood (ABC) Programme. A full list of partners can be found on the website.

The vision of The Genesis Programme is to measurably improve the well-being and developmental outcomes for children aged pre-birth to 6 years in the targeted areas by implementing the Incredible Years suite of programmes with fidelity using an agreed area based approach.

For more information please visit: www.genesislouth.ie



Louth Children's & Young People's Services Committee (CYPSC) is a collaboration of agencies working together to improve the lives of children, young people and their families in County Louth.

Its membership is drawn from a number of key agencies; Health Service Executive (HSE), Department of Social Protection, Louth County Council (LCC), Co. Louth Education & Training Board (Louth ETB), An Garda Síochána, The Probation Service, Louth County Childcare Committee, Louth Leader Partnership, Voluntary Representation, Dundalk Institute of Technology (DKIT), North East Regional Drugs Task Force, Irish Primary Principals Network (IPPN) and National Association of Principals and Deputy Principals (NAPD).

For more information please visit: www.louthcsc.ie

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Addiction Supports

Addiction Supports

Name of Service	Service Description	Contact Details
AA	Self help group for people with alcohol related problems.	T: (01) 842 0700 W: www.alcoholicsanonymous.ie E: gso@alcoholicsanonymous.ie
Al-Anon: Family and Friends Support Group	Support for families of people with alcohol related problems.	T: (01) 873 2699 W: www.al-anon-ireland.org E: info@alanon.ie
Callaghan Counselling & ABA Services	Fully qualified and accredited psychotherapist. Services for adults and children.	Ardmell Clinic, Upper Mell, Drogheda, T: 086 6631316 W: www.callaghancounselling.ie E: callaghancounselling@gmail.com
Drogheda Community Drug & Alcohol Forum	A local network dealing with issues caused by drug and substance abuse.	T: (042) 9372313 FB: @dcdaf
Drogheda Homeless Aid	Care, support and shelter for homeless men.	35 North Strand, Drogheda T: (041) 983 4492 W: www.dha.ie E: info@dha.ie

Addiction Supports

Name of Service

Service Description

Contact Details

Dundalk Counselling Centre

Treat alcohol, drugs, gambling and prescription drug addictions in adults.

3 Seatown Place, Dundalk

T: (042) 933 8333

W: www.dundalkcounsellingcentre.ie

E: info@dundalkcounsellingcentre.ie

Dundalk Simon Community

Help for people experiencing homelessness.

63 Barrack Street, Dundalk

T: (042) 932 8764

W: www.dundalksimon.ie

E: info@dundalksimon.ie

Family Addiction Support Network

Support for families of people with addiction issues.

The Hub, Lios Dubh, Armagh Rd, Dundalk

T: 087 9046405

W: www.fasn.ie

E: info.fasn@gmail.com

FB: @fasnsupport

HSE North Louth Drug Addiction Services

One-to-One Counselling for drug users, families and concerned persons.

Outreach Service

Market Street, Dundalk

T: (042) 939 4000

Addiction Supports

Name of Service	Service Description	Contact Details
HSE South Louth Drug Addiction Services	Assessment Support Withdrawal Treatment Counselling	11 Chord Rd, Drogheda T: (041) 984 3531
Louth Community Drug and Alcohol Team	Drop in service available. Information and referral for current drug users. Social care and drug education. Harm reduction programme. Structured day programme for drug users in recovery.	1 Leyland Place, Stockwell Lane Drogheda T: 086 783 1162/ (041) 9804957 W: www.lcdat.ie E: admin@lcdat.ie
Pillar Family Support Group	Family Support Group	Community Centre, Scarlet Crescent Drogheda T: 086 897 4138 E: frmofitz@gmail.com
Turas Counselling Services	20-week Aftercare Programme for recovering drug and alcohol users. Outreach Community Alcohol Detox Family Support Group	59 Clanbrassil Street Dundalk T: (042) 933 8221/9338224 E: info@turascounselling.ie

Bereavement and Loss

Bereavement and Loss

Name of Service

Service Description

Contact Details

Drogheda Community Services

Day Care Centre
Information and Support Services for Older People
Bereavement Counselling Service
Mediation Service
Addiction Counselling
Legal Aid and Advice
Community based educational programmes

Drogheda Community Services Trust ,
Dermot Kieran's Centre
Scarlet Crescent,
Drogheda

T: (041) 983 6084

E: info@droghedacsc.net

W: www.droghedacsc.net

Dundalk Counselling Centre

One to One Counselling
Youth Counselling
Child Focused Family Therapy
Therapeutic Group Work
In House and Outreach

T: (042) 933 8333

E: dundalkcounsellingcentre@gmail.com

W: www.dundalkcounsellingcentre.ie

Rainbows

Voluntary service for children and young people experiencing loss following bereavement or parental separation.

Drogheda: Connect Family Resource Centre

T: (041) 984 6608

Dundalk: Armagh Diocesan Pastoral Centre

T: (042) 933 6393

T: (01) 473 4175 (National Office)

E: ask@rainbowsireland.ie

W: www.rainbowsireland.ie

Child and Family Services

Child and Family Services

Name of Service

Service Description

Contact Details

Adoption Services

Provides a full Preparation and Assessment Service for Irish and Inter-Country Adoption.

Also provide a Placement and Post-Placement service for Irish and inter-Country Adoption.

Child and Family Centre
St. Mary's Hospital
Dublin Road
Drogheda

T: (041) 9893301

AMEN

Provides confidential helpline & support for male victims of domestic violence.

St Anne's Resource Centre, Railway
Street, Dillonsland, Navan, Co. Meath

T: (046) 902 3718

W: www.amen.ie

Community House Network, Rathmullen

Preparation for Work Courses

Cookery Courses

IT Classes

Gardening Club

Gamblers Anonymous Group

Counseling Service for a nominal fee

229 Rathmullen Park

T: (041) 984 5184

FB: @RathmullenNet

Connect Family Resource Centre

Offers a range of services including:

Parenting Classes

Cookery Classes,

Information

Health Promotion activities to target groups and families

Monday to Friday: 9.30am - 5pm

T: (041) 984 6608

E: connectfrc@gmail.com

W: www.connectfrc.com

Child and Family Services

Name of Service

Service Description

Contact Details

Cox's Demesne Youth & Community Project Ltd
"The House"

Supports personal and social development of young people in Cox's Demesne, especially those who are at risk of alcohol & drug misuse, petty, crime, early school leaving, neglect and homelessness.

T: (042) 933 0432
E: coxscycp@iol.ie

Drogheda Area Women's Network (DAWN)

Affordable Counseling
Buddy Accompaniment Services
Childcare Services
Educational Classes
Information and Advice

97 Georges Street, Drogheda
T: (041) 984 4131

Drogheda Women's and Children's Refuge

Offers shelter and safe accommodation to women and children who are homeless due to violence and/or abuse

T: (041) 984 4550

W: www.droghedarefuge.org

Drogheda Family Support
Dundalk Family Support

Family Support, offered on a one-to-one basis or in a group setting.

Droichead Family Support Group
T: 086 2218811 (Brenda Kirwan)
bcollkir@gmail.com
Dundalk Family Support Group
T: 042 9355251 (Gwen McKenna)
info@nerfsn.ie

Child and Family Services

Name of Service

Service Description

Contact Details

Focus Your Future

(Lifestyle Development Group Ltd Drogheda)

IT/office skills programme for unemployed people aged 18-35 who have not completed their secondary education.

10 Magdalene Street, Drogheda

T: (041) 9802768

FB: @LifeStyleFocusYourFuture

Fostering & Children in Care Services

Provides a service to children in long-term Foster Care and Residential Care.

Provides a service to young people who are in the process of leaving or have left care.

Also provides service to Foster Carers.

Louth/Meath

T: 086 1833760 / 086 1833761

W: www.tusla.ie/services/alternative-care/foster-care/

ISPCC

Parent and Youth Mentoring

Counselling to young people at risk (0-18 years)

Individual Counselling through telephone, text or web-based initiatives.

15/4 Work Space Centre
Mayoralty St.
Drogheda

T: (041) 983 3406

W: www.ispcc.ie

Lifestart

(Lifestyle Development Group Ltd Drogheda & Cox's Demesne Youth and Community Project Ltd)

Lifestart offers a monthly child and parent development programme. It is delivered to parents in their own homes by trained family visitors.

It is for parents of children aged birth to five years.

Drogheda Lifestart
The Lifestyle Centre
Ballsgrove
Drogheda

T: (041) 9842078

E: lifestart@lifedev.ie

Child and Family Services

Name of Service

Service Description

Contact Details

Louth Traveller Movement

Travellers and non-Travellers working together to achieve equality for Travellers in Co. Louth

C/o Redeemer Resource Centre
Cedarwood Park, Dundalk

T: 083 1342749

E: bernardkennaltm@gmail.com

National Traveller Counselling Service

Provides a culturally appropriate Traveller Counselling service.

T: 086 308 1476

W: www.travellercounselling.ie

Prevention, Partnership and Family Support (PPFS)

Ireland's go-to programme for prevention and early intervention assistance for children, young people, and families in local communities.

Fiona Kearney

Family Resource Centre, Commons
Road, Navan, Co. Meath

T: (041) 9875295

E: Fiona.kearney@tusla.ie

North Louth PPFS

T: (042) 935 1680

W: www.tusla.ie/services/family-community-support/prevention-partnership-and-family-support-programme/

E: family.support@tusla.ie

Child and Family Services

Name of Service

Service Description

Contact Details

Probation Service

Young Persons Probation works to advise, assess and support young people (12-18) who are involved in the Criminal Justice System.
The Probation Service works with other agencies to improve the quality of life for young people and their families.

Probation Service
Government Offices
Millennium Building
Alphonsus Road, Dundalk

T: (042) 937 0900

Rape Crisis North East CLG

Provides a specialised, professional counselling and support service to women, men and young adults who have experienced any form of sexual violence.

The Great Northern Distillery Offices,
Carrick Road, Dundalk

Helpline: 1800 212 122

T: (042) 933 9491

W: www.rcne.ie

Teen Parent Support Programme (Lifestyle Development Group Ltd Drogheda)

Provides support to Teen parents, 19 years and under, with children under 2.

The project offers one to one support through home visits, advocacy on behalf of the young parents and a source of information on health, social welfare and education.

Karen Byrne
Floor 3, Nurses Residence
Our Lady of Lourdes Hospital
Drogheda

T: (041) 9875294/087-6899002

E: karenm.byrne1@tusla.ie

W: www.tpssp.ie

Women's Aid Dundalk

Support to women and children who have experienced domestic violence

T: (042) 933 3244 (24hr Helpline)

W: www.womensaidundalk.net/

Disability Support Groups

Disability Support Groups

Name of Service	Service Description	Contact Details
Abacus	Special School for Children with Autism	ABACAS School, Congress Ave, Drogheda T: (041) 980 3366 E: info@droghedaabacas.com
Ablevision Ireland	<p>A project where intellectually challenged people learn about making television /short films together.</p> <p>The television and media programs are created and produced entirely by people with disabilities.</p>	Barbican Centre William Street Drogheda E: contactus@ablevisionireland.com W: https://ablevisionireland.com
Access Youth Club	Aims to meet the social, developmental and personal needs of young people.	Boomerang Cafe 62 Fair St, Drogheda T: (041) 983 9916
AsIAM		AsIAM 84 Amiens Street Dublin D01 N4X9 W: www.asiam.ie

Disability Support Groups

Name of Service

Service Description

Contact Details

Autism Initiatives

We work positively alongside people with autism, their families and carers providing specialist services tailored to each individual.

Unit 3/4, Quayside Business Park
Mill Street
Dundalk

E: lisa.mcdonald@asdi.ie

W: www.autisminitiatives.org/

Autism Support Louth & Meath

A parent led support group for families of both children and adults affected by Autism.
Monthly support group meetings
Weekly youth clubs
Training courses
Information and advocacy, locally and nationally
Network of parents and families

c/o 37 Matson Lodge, Drogheda or
c/o Drogheda ABACAS School,
Congress Ave, Drogheda

T: 087 240 7431

E: jacintawalsh1@gmail.com

Enable Ireland

Enable Ireland provides services to children and adults with disabilities

32F Rosemount Park Drive
Rosemount Business Park
Ballycoolin Road
Dublin 11

T: (01) 872 7155

E: communications@enableireland.ie

Irish Autism Action

Irish Autism Action aims to bring positive change into the lives of those affected by autism.

Coole Road,
Multyfarnham,
Mullingar,
Co. Westmeath.
N91 WC67

T: (044) 9371680

E: info@autismireland.ie

W: www.autismireland.ie

Disability Support Groups

Name of Service	Service Description	Contact Details
Irish Wheelchair Association	The National Organisation of People with Limited Mobility	Unit 7 Mayoralty St. Drogheda T: (041) 984 6614 E: drogheda@iwa.ie John Street Business Park, Ardee, Louth T: (041) 685 3046 E: ardee@iwa.ie W: https://www.iwa.ie/
Louth Meath Down Syndrome	Provides support and information to families with a child, teenager or adult with Down Syndrome	W: www.dsilmb.com FB: @DownSyndromeLouthMeath
Malta House	Adult Education and Training Rehabilitative Training Occupational Service Supported Employment Programme Day Care/ Activation Units	Malta House, Fair St, Drogheda T: (041) 983 6145 W: www.maltaservicesdrogheda.ie
SNAP (Special Needs Active Parents)	Support for all families with children who have Special Needs.	E: info@snapireland.net W: https://snapireland.net/

Disability Support Groups

Name of Service

Service Description

Contact Details

**Spina Bifida Hydrocephalus
Ireland**

National Association for Spina Bifida and Hydrocephalus Ireland Ltd

Spina Bifida Hydrocephalus Ireland (SBHI)
National Resource Centre
Old Nangor Road
Clondalkin
Dublin D22 W5C1

T: (01) 457 2329

E: info@sbhi.ie

Entitlements and Allowances

Entitlements and Allowances

Name of Service	Service Description	Contact Details
Carers Allowance	<p>Carer's Allowance is a payment to people on low incomes who are looking after a person who needs support because of age, physical/learning disability or illness (including mental illness).</p>	<p>Carer's Allowance Section Social Welfare Services Office Government Buildings Ballinalee Road Longford</p> <p>Tel: (043) 334 0000 Locall: 1890 92 77 70 Dublin (01) 704 3000 ext 48940</p> <p>W: https://www.hse.ie/eng/services/list/4/olderpeople/carersrelatives/carers-allowance.html</p>
Carer Support Grant	<p>Carer's Support Grant is an annual payment made to carers by the Department of Employment Affairs and Social Protection (DEASP).</p> <p>Carers can use the grant in whatever way they wish. You can use the grant to pay for respite care if you wish, but you do not have to do so.</p>	<p>Carer's Support Grant Section PO Box 10085 Dublin 2</p> <p>T: (01) 673 2222 W: www.welfare.ie/en/Pages/respite.aspx</p>

Entitlements and Allowances

Name of Service

Service Description

Contact Details

Child Benefit

Child Benefit (previously known as Children's Allowance) is payable to the parents or guardians of children who are under 16 years of age, or under 18 years of age if the child is in full-time education or has a disability.

Social Welfare Services Office
St Oliver Plunkett Road
Letterkenny
Co. Donegal
F92 T449

T: (074) 916 4496

Locall: 1890 400 400

W:
<https://www2.hse.ie/wellbeing/child-health/benefits-and-entitlements/child-benefit-and-other-supports.html>

Civil Registration

The registration of Births, Deaths and Marriages
The re-registration of Births
The late registration of Births and Deaths
Registration of Coroner's Certificates
Issuing of Birth, Death and Marriage Certificates

Primary Care Services
Boyne Centre
Patrick Street
Drogheda.

T: (041) 980 9500

Primary Care Services
Louth County Hospital
Dublin Road
Dundalk

T: (042) 938 5447

W: <https://www2.hse.ie/>

Entitlements and Allowances

Name of Service

Service Description

Contact Details

Community Welfare Officers

The Community Welfare Service provides assessment and means testing for a variety of allowances and services.

Services include:

- Back to School Clothing and Footwear Scheme
- Blind Welfare Allowance
- National Fuel Scheme
- Supplementary Welfare Allowance

(T): Ardee 086 7953253
Drogheda (041) 9815272
Dundalk (042) 9357985
Muirhevnamore (042) 9389730
W:
<http://www.welfare.ie/en/Pages/otheroffice/community-welfare-office-louth.aspx>

Drugs Payment Scheme

This scheme covers part of the cost of prescribed medication. It is available to families and individuals.

Drugs Payment Scheme Client
Registration Unit
PO Box 12966
Dublin 11

Locall: 1890 252 919
W: <http://www.drugspayment.ie>
Email: clientregistration@hse.ie

GP Visit Card

A GP Visit Card entitles the holder to free GP services.

Client Registration Unit
4th Floor, HSE PCRS
Finglas
Dublin 11

T: (051) 595 129
Locall: 1890 252 919
W: www.medicalcard.ie
Download a form here:
www.sspcrs.ie/portal/medapp/contact.jsp
E: clientregistration@hse.ie

Entitlements and Allowances

Name of Service

Service Description

Contact Details

Long Term Illness

The scheme is for individuals who have been diagnosed as suffering from any of fifteen specified illnesses. It allows you to obtain the drugs and appliances you need for the treatment of your condition for free.

The illnesses covered by the scheme are:

Mental Handicap	Acute Leukaemia
Mental Illness	Parkinsonism
Phenylketonuria	Muscular Dystrophy
Cystic Fibrosis	Multiple Sclerosis
Spina Bifida	Epilepsy
Hydrocephalus	Cerebral Palsy
Diabetes Mellitus	Haemophilia
Diabetes Insipidus	Diabetes Insipidus

Louth Community Care Services
Dublin Road
Dundalk

T: (042) 933 2287

W:
<https://www2.hse.ie/services/long-term-illness-scheme/long-term-illness.html>

Maternity Benefit

Maternity Benefit is paid to women who are on maternity leave from work and are covered by Social Insurance (PRSI).

You should apply for the payment 6 weeks before you intend to go on maternity leave (12 weeks if you are self-employed).

If you are already on certain social welfare payments then you may get half-rate Maternity Benefit.

Some employers will continue to pay an employee, in full, while she is on maternity leave and require her to have any Maternity Benefit paid to them. You should check your contract of employment to see what applies to you.

Maternity Benefit Section
Department of Employment Affairs
and Social Protection
McCarter's Road
Buncrana
Donegal
F93 CH79

Tel:(01) 471 5898

Locall:1890 690 690

W: <http://www.welfare.ie>

Entitlements and Allowances

Name of Service

Service Description

Contact Details

Medical Card

A Medical Card gives its holder free Health Services. Being eligible for a medical card depends on your circumstances. If you do not automatically qualify for a medical card, we will carry out an assessment.

You will need to provide information about your:

- income
- expenses
- marital status
- dependants

Client Registration Unit
4th Floor
HSE PCRS
Finglas, Dublin 11

T: (051) 595 129

Locall: 1890 252 919

W: <http://www.medicalcard.ie>

Contact Form:

<https://www.sspcrs.ie/portal/medapp/contact.jsp>

E: clientregistration@hse.ie

Health and HSE

Health and HSE

Name of Service

Service Description

Contact Details

Audiology Services

The primary focus of the paediatric Audiology service is to detect children who have permanent hearing loss.

Hearing test is carried out on children in their first year of Primary School.

North East Community Dundalk,

Louth Community Services,

Dublin Road, Dundalk,

T: (042) 938 5455

E: Louth.AudiologyServices@hse.ie

W: <https://www.hse.ie>

Child and Adolescent Mental Health Services (CAMHS)

CAMHS is available for all young people and their families who are experiencing mental health difficulties that affect their ability to function in day to day activities up to the age of 18 years.

CAMHS help with conditions like, depression, anxiety, eating disorders, psychosis and Attention Deficit Hyperactivity Disorder.

Sometimes these difficulties are noticeable by persistent feelings of sadness, worry, stress, concentration issues or deliberate self-harm.

To access a CAMHS service you need to be referred by your GP.

Louth Child and Adolescent Psychiatric Services

Dublin Road

Drogheda

T:(041) 9832963

W: www.hse.ie

Children's Dental Services

Dental Treatment can be availed of from birth to the age of 16 years.

Dental Nurse visits Primary Schools, where children can be referred to Dental Clinic for further treatment.

Emergency Treatment only (i.e. Treatment for Pain) is provided between 14 and 16 years.

T: (042) 933 2287

W:

<https://www.hse.ie/eng/services/list/2/dental/>

Health and HSE

Name of Service	Service Description	Contact Details
Community Ophthalmology Services	Children can avail of Ophthalmic or Eye Testing Services. These can be accessed by referral from your GP or Public Health Nurse.	Local Health Office, Dundalk T: (042) 938 5454 Haymarket, Drogheda T: (041) 983 8605
Disability – Early Intervention Team	Provide services to children with disability and development delay.	Referrals are made by GP, schools or Public Health Nurse. Early Intervention Service, Boyne Business Park, Drogheda T: (041) 984 2423
Family Talk	Service for the whole family when a parent has mental health difficulties.	Shireen O’Neill Social Worker Drogheda, AMHs T: 086 389 3099
General Practitioner	GPs provide a broad service to their patients on all health issues. GPs play a central role in the health of our community, caring for people from birth and childhood, through to older age and end of life care. They may refer patients to see specialists or hospital consultants if required.	List of GP’s online: www.hse.ie/eng/services/list/1/lho/lo uth/ Contact your Family Doctor

Health and HSE

Name of Service

Service Description

Contact Details

Health Promotion

The Health Promotion website provides practical information and advice on many areas including:

Alcohol	Mental Health
Smoking	Drugs
Dementia	Physical Activity
Breastfeeding	Young People
Schools	Healthy Eating

W: www.healthpromotion.ie

Hospital Nutrition and Dietetics Services

A dietetic service for children is available only at Our Lady of Lourdes Hospital, Drogheda.

Patients are seen by appointment only. You must have a signed referral form from a consultant.

Maternity Services

Every woman who is pregnant and ordinarily resident in Ireland is entitled to Maternity Care under the Maternity and Infant Scheme.

Your GP should have an application form – which you fill in together.

Our Lady of Lourdes
Drogheda

T: (041) 983 7601

W:
www.hse.ie/eng/services/list/3/maternity/

National Educational Psychological Service (NEPS)

We work with both primary and post-primary schools. We are concerned with learning, behaviour, social and emotional development.

If you feel your child may need the support of a NEPS psychologist please talk to your school.

W: www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/neps_parent_leaflet.pdf

Health and HSE

Name of Service

Service Description

Contact Details

Occupational Therapy Services

Occupational therapy can help you with practical tasks if you:

- are physically disabled
- are recovering from an illness or operation
- have learning disabilities
- have mental health problems
- are getting older

Occupational therapists work with people of all ages and can look at all aspects of daily life in your home, school or workplace.

Local Health Office
Dublin Road
Dundalk

T: (042) 938 5414

W:

www.hse.ie/eng/services/list/1/lho/louth/therapy/

Palliative Care

Palliative Care is the care of patients and their families when the medical emphasis has shifted from curing the illness to focusing on maximizing quality of life.

Palliative care is used when life expectancy is limited.

Dochas Centre, Our Lady of Lourdes,
Drogheda

T: (041) 987 5259

Ask for Palliative Care

Physiotherapy Services

Physiotherapists use exercise and movement to help people who have suffered an injury or illness to regain their health or mobility.

Community Physiotherapy services are provided from the Local Health Office.

Local Health Office
Dublin Road
Dundalk

T: (042) 6820000

W: www.hse.ie/eng/services/list/1/lho/louth/therapy/

Health and HSE

Name of Service

Service Description

Contact Details

Primary Care Centre

Primary Care Team services include:

General Practitioner Service
Practice Nurse Service
Community Nurse Service (Public Health Nurse & Community Registered General Nurse)
Home Help / Home Care Attendant Service
Occupational Therapy Service
Physiotherapy Service
Speech and Language Therapy Service
Social Work Service

Primary Care Centre,
Barrack Street
Dundalk

T: (042) 6820000

Boyne Primary Care Centre
Patrick Street,
Drogheda

T: (041) 98 09500

W: www.hse.ie/eng/services/list/2/primarycare/about.html

Psychology Services

If you feel persistently sad, have trouble sleeping or experience unexplained aches and pains, you should visit your GP for some advice.

Family Talk is a service for the whole family when a parent has mental health difficulties.

All referrals to Louth Meath Mental Health Services must be done by your GP.

Drogheda Day Centre, Donore Road
T: (041) 983 4016

Ladywell Daycare Centre,
Dublin Road Dundalk
T: (042) 932 6156

St. Brigid's Hospital, Ardee
T: (041) 685 3264

W:
www.hse.ie/eng/services/list/1/lho/louth/mental-health-services/

Family Talk, Shireen O'Neill
T: 086 389 3099

Health and HSE

Name of Service	Service Description	Contact Details
Public Health Nursing Services	<p>There are Public Health Nurses working from every Health Centre.</p> <p>Public Health Nurses provide a broad range of services to people in their homes and in the Health Centre.</p> <ul style="list-style-type: none">• Visit new mothers and babies offering support, advice and screening• Provide a home nursing service• Provide aftercare to people who have been discharged from hospital. <p>Contact your Public Health Nurse at your Local Health Centre.</p>	<p>Drogheda T: (041) 983 8605</p> <p>Dundalk T: (042) 933 2287</p> <p>W: www.hse.ie/eng/services/list/1/lho/louth/hcphnlouth.html</p>
Speech & Language Therapy Services	<p>Help for children and adults who need help developing their speech or who have had difficulty in this area.</p>	<p>Referrals can be made through your Public Health Nurse, GP or the child's school</p> <p>T: (042) 6820015</p> <p>W: www.hse.ie/eng/services/list/1/lho/louth/therapy/</p>

Homeless Services

Homeless Services

Name of Service	Service Description	Contact Details
Dundalk Simon	We provide safe, supportive shelter and services for people who are homeless or at risk of becoming homeless.	T: (042) 933 9583 E: info@dundalksimon.ie.com W: https://dundalksimon.ie
Louth County Council Homeless Service County Hall Dundalk	For information on help and support the council can provide.	Denis McArdle Homeless Officer T: 087 418 6000 E: homeless@louthcoco.ie
Peter McVerry Trust	Staff in the drop in service in Drogheda can assist with the following: Support completing forms Information direction HAP property search HAP preparation- info re gathering references, copies of ID etc Information regarding local services; eg: CWO, HAP Clinic, Homeless Clinic, Addiction Services, Family Support Services, Intreo, etc	20 St Laurence Street, Drogheda Drop in service 10am – 12noon Monday to Friday. Appointments are available outside of these hours T: (041) 983 4274 E: info@pmvtrust.ie

Mental Health

Mental Health

Name of Service

Service Description

Contact Details

AWARE

Support for people affected by stress, depression, bipolar disorder and mood related conditions.

T: Freephone 1800 80 4848

E: supportmail@aware.ie

W: www.aware.ie

Child and Adolescent Mental Health Services (CAHMS)

CAMHS is available for all young people and their families who are experiencing mental health difficulties that affect their ability to function in day to day activities up to the age of 18 years.

CAMHS help with conditions like, depression, anxiety, eating disorders, psychosis and Attention Deficit Hyperactivity Disorder.

Sometimes these difficulties are noticeable by persistent feelings of sadness, worry, stress, concentration issues or deliberate self-harm.

To access a CAMHS service you need to be referred by your GP.

Louth Child and Adolescent Psychiatric Services
Dublin Road
Drogheda

T:(041) 9832963

W: www.hse.ie

GROW

Help for people who have suffered or are suffering from mental health problems.

T: 1890 474 474

W: <https://grow.ie/>

Mental Health Ireland – Dundalk MHA

Mental Health Ireland promotes positive mental health and wellbeing to all individuals and communities.

Through our network of Mental Health Associations, we support people who experience mental health difficulties on their journey of recovery.

T: 086 602 8157

T: (01) 284 1166

E: info@mentalhealthireland.ie
dundalkmha@mentalhealthireland.ie

W: www.mentalhealthireland.ie

Mental Health

Name of Service

Service Description

Contact Details

Nurture

Nurture Health is a nationwide counselling support service. We offer timely, affordable, professional counselling and supports surrounding conception, pregnancy and childbirth well-being to women and partners.

T: 0858619585
E: info@nurturehealth.ie
W: www.nurturehealth.ie

Parentline

We offer support, guidance and information on all aspects of being a parent.

Sometimes, all you could need is a listening ear.

Lo call 1890 927277
T: (01) 873 3500
E: info@parentline.ie

Samaritans

Provides 24-hour emotional support to anyone struggling to cope.

3, Leland Place
Stockwell Lane
Drogheda
A92 YK3T

T: 041 – 984 3844
(Drogheda area general enquiries)

T: 116 123 (Freephone)

E: jo@samaritans.org

W: www.samaritans.org/branches/samaritans-drogheda-north-east

The Changing Lives Initiative (The Genesis Programme)

Provide a free early intervention parent programme for families with children age 3 to 7 experiencing behaviours consistent with Attention Deficit Hyperactivity Disorder (ADHD).

Unit 37, RDC, DKIT, Dundalk
T: (042) 950 2220
E: changinglives@cllp.ie
FB: [@changingliveslouth](https://www.facebook.com/changingliveslouth)
W: www.changinglivesinitiaive.com

Mental Health

Name of Service

Service Description

Contact Details

SOSAD

We raise awareness of suicide in Ireland.

We provide support and direction to those feeling suicidal and for those bereaved by suicide.

30 Magdalene Street, Drogheda

T: (041) 984 8754
E: sosaddrogheda@gmail.com

42 Jocelyn Street, Dundalk

T: (042) 932 7311
E: sosaddundalk@gmail.com

W: <https://sosadireland.ie/>

Teenline Ireland

Teenline Ireland is a free 24 hr service for the young.

If you need someone to talk to, they're there to listen and to help.

Teenline Ireland
St Dominic's SC
Tallaght
Dublin

T: (01) 462 2122
(01) 462 2124

E: info@teenline.ie

HSE National Counselling Service

The HSE National Counselling Service welcomes calls from adults who have experienced abuse in childhood.

T: 1800234117

W: www.hse.ie/eng/services/list/4/mental-health-services/national-counselling-service/

Parent and Toddler Groups

For a full list of Parent and Toddler Groups in Co Louth please see <https://www.louthchildcare.ie/parents/>

Parenting Programmes

The Genesis Programme delivers a range of parenting programmes for parents of children from pre-birth to 12 years of age in Louth. Please visit www.genesislouth.ie for more information.

Preschool Services

Preschool Services

Name of Service	Service Description	Contact Details
AIM – The Access and Inclusion Model	AIM is a programme of supports designed to ensure that children with disabilities can participate fully in the pre-school curriculum alongside their peers.	T: (01) 511 7222 E: onlinesupport@pobal.ie W: http://aim.gov.ie/
Early Childhood Ireland	Early Childhood Ireland supports and represents the people who play a role in the development, delivery and oversight of early childhood care and education in Ireland. We prioritise the interests of children.	Hainault House, Belgard Square Tallaght D24 RFV0 T: (01) 405 7100 E: info@earlychildhoodireland.ie W: www.earlychildhoodireland.ie
Louth County Childcare Committee	Provide advice and information to parents about their entitlements to the government childcare programmes. Provide information of where to access Childcare services and Parent and toddler groups. Support Childcare Services with advice, information and training to promote and enhance quality early years care for children.	Unit 4, Oriel Hub Finnibair Industrial Park Dundalk T: (042) 933 6364 E: clerical@louthchildcare.ie W: www.louthchildcare.ie
Tusla - Preschool Services	The Child and Family Agency is responsible for inspecting preschools, play groups, day nursery, crèches, day-care and similar services which cater for children aged 0-6 years.	Early Years Inspectorate, Child Wellbeing Centre, Castleblayney, Co Monaghan T: 087 9632328 E: info@tusla.ie W: www.tusla.ie/services/preschool-services/

For a full list of Community-Based and Private Provider Childcare Services in Co Louth please see www.louthchildcare.ie/parents/

Primary Schools

Primary Schools

Name of Service	Service Description	Contact Details
Tusla – Education Welfare Services	<p>The Educational Welfare Services work with schools and other relevant services to secure better educational outcomes for children and young people.</p> <p>Schools are obliged by law under the Education (Welfare) Act, 2000 to submit reports on school attendance to the Educational Welfare Services of the Child and Family Agency.</p>	<p>Child and Family Agency Louth/Meath Enterprise Centre Trim Road, Navan Co Meath</p> <p>T: (046) 9098500 E: GrainneSullivan.LM@tusla.ie W: www.tusla.ie/services/educational-welfare-services/</p>
National Parents' Council	<p>National Parents Council Primary (NPC) is the only representative organisation for parents of children in primary or early education. NPC supports parents to support their children throughout their early and primary school years. NPC strongly believes that children should have their say in issues that affect their educational lives.</p> <p>The Information/Helpline officers listen, and give information and support to parents to help them make the best possible decisions for and with their children</p>	<p>National Parents' Council Primary 12 Marlborough Court Marlborough Street, Dublin 1</p> <p>T: (01) 887 4034 E: info@npc.ie</p> <p>Helpline: (01) 887 4477 Monday - Friday 10am - 4pm E: helpline@npc.ie W: www.npc.ie</p>

For a full list of Primary Schools in Co Louth please see
<http://www.education.ie/en/Find-a-School/School-List/?level=Primary&geo=Louthðos=-1&lang=1&gender=-1>

Sports, Recreation and Leisure

Sports, Recreation and Leisure

Name of Service	Service Description	Contact Details
Louth Local Sports Partnership (All Sports – including Athletics, Camogie, Gaelic Football, Hurling, Rugby and Soccer)	Provides support to sport and active recreation at local level in the Louth area. The key aim of the Louth Local Sports Partnerships is to increase participation in sport and physical recreation and ensure that local resources are used to best effect	Louth Local Sports Partnership Tom Bellew Avenue Dundalk T: (042) 9324318 E: louthlsp@louthcoco.ie W: www.louthlsp.ie
Community Sports Hub	The HUB supports and develops participation in physical activity, sport and recreation for the entire community of Muirhevnamor.	W: www.louthcoco.ie/en/services/sports_recreation/community-sports-hub/
Create Louth	Visit the Create Louth website for a calendar of cultural activities across Louth.	Louth County Council Town Hall Crowe Street Dundalk A91 W20C W: www.createlouth.ie
Disability Sports	Louth Local Sports Partnership provides support to sport and active recreation in Louth. A range of activities supporting Disability Sports are available.	Louth Local Sports Partnership Tom Bellew Avenue Dundalk T: (042) 9324318 E: louthlsp@louthcoco.ie W: www.louthlsp.ie

Sports, Recreation and Leisure

Name of Service

Service Description

Contact Details

Irish Dancing

Irish dancing is a traditional dance.

Classes are held in most areas. For a list of teachers visit www.clrg.ie

An Coimisiún Le Rincí Gaelacha –
The Irish Dancing Commission
W: www.clrg.ie

Irish Girl Guides

The Irish Girl Guides is a uniquely girl-only, youth-driven organisation.

It offers a varied and exciting programme for girls and young women aged 5-26, and opportunities for Leaders of all ages.

Local groups can be found through the website's Unit Locator.

W: www.irishgirlguides.ie

National Office
T: (01) 668 3898

Library Service

Services include:

- Lending of books, language tapes, audio books, DVD's, CDs, large print books, magazines and journals
- Reference collection - encyclopaedias, directories etc
- Free internet access in all branch libraries
- Printing facilities are available in all branches
- Free Wi-Fi access in Dundalk, Ardee & Drogheda Branches

Market Square, Ardee
T: (041) 685 9023

Newry Street, Carlingford
T: (042) 932 4113

Stockwell Lane, Drogheda
T: (041) 987 6162
E: droghedalibrary@louthcoco.ie

Roden Place, Dundalk
T: (042) 935 3190
E: libraryhelpdesk@louthcoco.ie

Station Road, Dunleer
T: (041) 685 9016

Mobile Library:
W:
www.louthcoco.ie/en/Services/Library/Where-Are-We-Mobile_Library/

Sports, Recreation and Leisure

Name of Service	Service Description	Contact Details
Louth GAA	For a list of GAA clubs in County Louth visit www.louthgaa.ie	W: http://louthgaa.ie/
Music Generation Louth	Music Generation is Ireland's National Music Education Programme. It helps children and young people access music education in their own locality.	W: www.musicgeneration.ie
Parks and Gardens	Places to visit in Louth that are open to the public.	W: www.irishtourist.com/directory/places_to_visit/parks_and_gardens/north/louth/
Scouting Ireland	Scouting Ireland is an organisation where the youth members learn, develop and have fun in a safe and secure environment. Age range from 6+	Scouting Ireland, National Office, Larch Hill, Dublin 16 T: (01) 495 6300 W: www.scouts.ie/Get-involved/Group-Locator/
Swimming Pools	Aura's Swim Academy caters for children of all ages from toddlers to teenagers.	Drogheda T: (041) 987 4478 W: www.auraleisure.ie/drogheda Dundalk T: (042) 933 6230 W: www.auraleisure.ie/dundalk
Things To Do	FunDays.ie is an independent Irish company set up to provide busy parents with ideas on where to "have fun" in Ireland.	W: www.fundays.ie/things-to-do-louth

Support Groups/Agencies

Support Agencies/Groups

Name of Service

Service Description

Contact Details

Citizen's Information Centre

Provides information on public services and entitlements in Ireland.

Drogheda CIC
86 West Street

T: 0761 07 5940

E: drogheda@citinfo.ie

Dundalk CIC
3 - 6 Adelphi Plaza
Long Walk, A91 NN 83

T: 0761 07 5950

E: dundalk@citinfo.ie

School Completion Programme (Tusla)

The School Completion Programme (SCP) aims to increase the numbers of young people staying in primary and second level school. Initiatives run by the programme include:

- Breakfast clubs
- Homework clubs
- Afterschool supports
- Mentoring programmes
- Therapeutic interventions

A list of participating schools can be found on the Tusla website.

Tusla – Child and Family Agency

T: (01) 7718500

W: www.tusla.ie/services/educational-welfare-services/school-support-services-under-the-deis-initiative/school-completion-programme/

FLAC (Free Legal Advice Centres)

FLAC offers some basic legal assistance for free and in confidence.

Drogheda Community Services Centre
Scarlet Crescent
Drogheda

Tel: (041) 983 6084

W: www.flac.ie

Support Agencies/Groups

Name of Service	Service Description	Contact Details
Foróige	<p>We work with over 50,000 young people aged 10-18 each year through volunteer-led Clubs and staff-led Youth Projects. Foróige currently operates in 26 counties in Ireland, with more than 600 Foróige Clubs, 150 Youth Projects, the Big Brother Big Sister mentoring programme, the Foróige Youth Entrepreneurship programme, our Youth Citizenship and Youth Leadership programmes.</p> <p>We encourage young people to take responsibility for themselves and to be part of shaping the world around them. We help them to develop their talents, skills and abilities.</p> <p>We also work with vulnerable young people who require additional support through a full range of targeted services.</p>	<p>Breda O'Rourke <i>Regional Youth Officer</i></p> <p>T: 086 657 9606 E: Breda.Orourke@foroige.ie W: www.foroige.ie</p>
Louth Ethnic Minority Consortium	<p>Louth Ethnic Minority Consortium works in partnership to develop sustainable initiatives towards the inclusion of minority ethnic groups and to promote positive relations at a local level whilst challenging barriers to integration</p>	<p>FB: www.facebook.com/Louth-Minority-Ethnic-Consortium</p>
MABS	<p>A confidential, independent and non-judgmental service for people in debt or in danger of getting into debt in Ireland</p>	<p>T: Helpline 0761 07 2000 E: helpline@mabs.ie</p>
Muirhevnamor Community Youth Project	<p>Provides stimulating and challenging recreational, social and educational activities for young people.</p>	<p>29 Grange Drive, Muirhevnamor, Dundalk</p> <p>T: (042) 933 7711</p>
St. Vincent de Paul	<p>The biggest charitable organisation helping those in need in the North East.</p>	<p>North East & Midlands Region: 53 – 54 Trinity Street, Drogheda</p> <p>T: (041) 987 3331 T: Free phone: 1800 677 777 E: info.northeast@svp.ie W: www.svp.ie</p>

Support Agencies/Groups

Name of Service

Service Description

Contact Details

Youth Work Ireland

Work with local communities to deliver quality supports and services with and for the young

Youth Work Ireland
20 Lower Dominick Street
Dublin D01 YP97

T: (01) 8584500

Twitter - @ywirl

FB:

www.facebook.com/youthworkirel
and

E: info@youthworkireland.ie